



GRACE GROUP LEADER'S MESSAGE GUIDE

(Week of January 18th)

THE CHANGE DILEMMA - THE FUEL OF CHANGE

LAST WEEK'S ACTION STEP

Find one area in your life where you want to make a change. Then, ask the “spiritual why” behind that.

ICEBREAKER

What day in your life would you like to relive?

BOTTOM LINE

The fuel is His fame, not ours.

MAIN SCRIPTURE

Philippians 3:7-14

ADDITIONAL SCRIPTURES

Matthew 6:33	Matthew 13:44-46
Ephesians 1:22-23	Exodus 20:3
Proverbs 3:5-6	Psalm 27:4

RESOURCES

Read this [article](#) from [GotQuestions.org](#) titled, “What does putting God First really mean?”

Watch this [video](#) from Above Inspiration titled, “Put God first in your life.”

GRACE EVENTS

<https://www.gracefellowship.cc/events/>

DISCUSSION QUESTIONS

Introductory

1. What stood out to you from this weekend's message?
2. What goals have you set or where have you wanted to change in the new year?
3. What areas of your life do you feel like you should change, but struggle to change the most? What are common barriers?
4. What are good goals that are motivated by unhealthy motivations? What should be the motivation and why does it matter?

Scripture

5. Read Philippians 3:7-14. Why do you think Paul starts by naming what he *lost* rather than what he gained?
6. What's the difference between “becoming better” and “being found in Christ” (v.9)?
Leaders: The additional Scriptures may help with this question!

Application

7. How have you seen pressure or comparison sabotage spiritual growth?
8. Personally list out some of the sins God has saved you from. Where can you tie these back to promises He's made in Scripture?
9. What “normal” patterns are dulling your passion for Jesus? Why?
10. What would it look like to pursue Christ with intentional energy this week?

ACTION STEP